

GO DANCE SLEAFORD



Dance & Fitness Class Timetable – Monday 2nd September – Saturday 21st December 2024

*NEW Absolute Beginners Ballroom & Latin Course - 6-week course starts 25th and 28th September 2024

DAY	TIME	STUDIO 1	STUDIO 2	STUDIO 3
MONDAY	2.30pm - 3.20pm	Private Lesson / Studio Hire	Private Lesson / Studio Hire	*NEW Adult Ballet
	4.00pm – 4.50pm	Private Lesson / Studio Hire	Private Lesson / Studio Hire	Primary Ballet & Tap (6-8yrs)
	5.00pm – 5.50pm	Adv 1 Modern Jazz	*NEW Primary Jazz (6-8yrs)	Pre-Primary Ballet & Tap (5-6yrs)
	6.00pm – 6.50pm	Grade 5 Modern Jazz	Adult Improvers Tap	*NEW Junior Ballet (8-12yrs)
	7.00pm – 7.50pm	Adult Cheer Squad	Adv Free Work Tap	Teen Beginners Ballet (12yrs +)
	8.00pm – 8.50pm	Adult Beginners Ballroom & Latin	Adult Improvers Latin	Adult Ballet

TUESDAY	4.00pm – 4.50pm	Private Lesson / Studio Hire	Private Lesson / Studio Hire	Private Lesson / Studio Hire
	5.00pm – 5.50pm	Junior Beginners Ballroom & Latin	Grade 4 Tap	Private Lesson / Studio Hire
	6.00pm – 6.50pm	Senior Improvers Ballroom & Latin	Junior Theatre (7-11yrs)	Private Lesson / Studio Hire
	7.00pm – 7.50pm	Senior Theatre (11yrs+)	Adult Intermediate Latin	Private Lesson / Studio Hire
	8.00pm – 8.50pm	Adult Intermediate Ballroom	Monthly Musical Theatre Masterclass	Private Lesson / Studio Hire

WEDNESDAY	4.00pm – 4.50pm	Private Lesson / Studio Hire	Private Lesson / Studio Hire	Private Lesson / Studio Hire
	5.00pm – 5.50pm	Junior Intermediate Freestyle (11-13yrs)	Teen Beginners Tap (12yrs+)	Grade 2 Modern Jazz
	6.00pm – 6.50pm	Grade 4 Modern Jazz	Junior Beginners Freestyle (7-11yrs)	Grade 3 Modern Jazz
	7.00pm – 7.50pm	Senior Freestyle (13yrs+)	Adult Beginners Tap	*NEW Adult Absolute Beginners Ballroom & Latin (6 week course)
	8.00pm – 8.50pm	Adult Beginners Ballroom & Latin	Private Lesson / Studio Hire	Performers (invite only)

THURSDAY	9.30am – 10.20am	*NEW Mini Movers (0-5yrs plus adult)	Adult Dance & Tone	
	4.00pm – 4.50pm	Private Lesson / Studio Hire	Private Lesson / Studio Hire	Private Lesson / Studio Hire
	5.00pm – 5.50pm	Junior Beginners Street (7-11yrs)	Little Freestyle (4-7yrs)	Stretch and Conditioning (12yrs+)
	6.00pm – 6.50pm	Junior Beginners Cheer	Senior Street (11yrs+)	Grade 6 Ballet
	7.00pm – 7.50pm	Latina Workout	Adult & Teen Hip Hop/Commercial	Grade 5 Ballet
	8.00pm – 8.50pm	Adult Improvers Ballroom	Pro Class	Senior Pointe

FRIDAY	4.00pm – 4.50pm	Cheer Squad - Dazzlers (11yrs under)	Cheer Solos– Dynamites (12-13yrs)	Private Lesson / Studio Hire
	5.00pm – 5.50pm	Cheer Squad – Dynamites (12-15yrs)	Cheer Solos - Dazzlers (11yrs under)	Private Lesson / Studio Hire
	6.00pm – 6.50pm	Cheer Solos – Dynamites (14-15yrs) & Diamonds (16yrs)	Private Lesson / Studio Hire	Private Lesson / Studio Hire
	7.00pm – 7.50pm	Cheer Squad– Diamonds (16yrs+)	Private Lesson / Studio Hire	Private Lesson / Studio Hire

SATURDAY	8.30am – 9.20am	Private Lesson / Studio Hire	Baby Ballet & Tap (3-4yrs)	Pre-Primary Ballet & Tap (5-6yrs)
	9.30am – 10.20am	Grade 1 Tap	Pre-Primary Ballet & Tap (4-5yrs)	Primary Ballet & Tap (6-8yrs)
	10.30am – 11.20am	Grade 4 Tap	Little Freestyle/Jazz (4-7yrs)	Grade 1 Ballet
	11.30am – 12.20pm	Grade 2 Tap	Baby Ballet & Tap (3-4yrs)	Grade 3 Ballet
	12.30pm – 1.20pm	Pre-Pointe and Conditioning	*NEW Adult Absolute Beginners Ballroom & Latin (6 week course)	Grade 2 Ballet
	1.30pm – 2.20pm	Intermediate Tap	Private Lesson / Studio Hire	Grade 4 Ballet
	2.30pm – 3.20pm	Beginners Pointe	Private Lesson / Studio Hire	Private Lesson / Studio Hire
	3.30pm – 4.20pm	Senior Ballet (Grades 5-Intermediate)	Private Lesson / Studio Hire	Children's Party Availability (please enquire to book)
4.30pm – 5.20pm	Private Lesson / Studio Hire			